



Day of Silence - Nyepi Day

Hindu Bali New Year Caka 1948, Thursday 19th March 2026

Om Swastiastu (Balinese greeting for good blessing from God)

Nyepi – is also known as **Bali Day of Silence**, is a sacred Balinese Hindu celebration marking the Saka New Year. Unlike other New Year festivities, Nyepi is a Day of Silence, fasting and self-reflection, falls on the day following of the dark moon and opens a new year of the Saka Hindu Calendar. The entire island comes to a standstill – no travel, no works, no lights, no entertainment - allowing nature and the soul to rest.

In this year, **New Caka Year 1948** will fall on **Thursday, 19th March 2026**. **Nyepi** is a day dedicated to self-reflection, spiritual purification, and a fresh start for the new year. It is celebrated by the Balinese Hindu community and involves a series of rituals aimed at cleansing the world and people's minds.

Highlights of Nyepi Celebration

- **Melasti Ceremony (a day before Nyepi)** – It's a purification ritual, This ceremony involves cleansing rituals, where offerings and sacred items are taken to the sea to purify the soul and maintain harmony with nature.
- **Ogoh-Ogoh Parade (a day before Nyepi)**: On the evening before Nyepi, Balinese villages hold parades showcasing large, colorful, demon-like figures called "Ogoh-Ogoh," made from bamboo, paper, and other materials. These effigies represent negative elements and evil spirits. The parade culminates in the burning of these figures, symbolizing the removal of evil forces and bad luck.
- **The Day of Silence** – A 24-hour period of meditation, reflection, and tranquility
- **Ngembak Geni** – The day after Nyepi, when social activities resume and people seek forgiveness to family members & relatives.

During Nyepi, there are several key regulations that everyone on the island, including residents, tourists, and workers, are expected to follow **“Catur Brata Penyepian” 4 (four) main rules of the Nyepi/Silence Day**:

1. **No Traveling (Amati Lelungan)**: On Nyepi, people are not allowed to leave their homes or accommodations. The airports and public transport services are closed, and roads are generally deserted. This is to ensure that there is no disturbance to the serenity of the day.
2. **No Fire or Light (Amati Geni)**: All lights must be dimmed, and no fires are to be lit during Nyepi. This includes the use of candles, lamps, or any kind of fire. The idea is to reflect the spiritual idea of “darkness” being the time for inner reflection.
3. **No Work (Amati Karya)**: No work is allowed on Nyepi. Businesses, schools, and government offices are closed, and no one is allowed to engage in any kind of work-related activity.
4. **No Entertainment or Social Activities (Amati Lelanguan)**: People are not allowed to engage in any form of entertainment such as watching TV, playing games, or socializing. The focus is purely on spiritual activities like prayer, meditation, and reflection.

This activity will start from 6.00 am on March 19th, 2026 until 6.00 am (the following day), on March 20th, 2026 (24 hours).



In honor of “**Nyepi day**”, all of our beloved guests need be noticed and follow some conditions & restrictions as mentioned below;

1. All of the guests are required **not to leave the villa’s area**. Please enjoy your seclusion activities mostly in your private villa
2. There will be no traffic on that day in the whole Bali island. **Ngurah Rai airport will be totally closed on 19th March 2026**, so there will be neither arrival no departure in the airport on that day. All connecting airports around the globe have been informed in advance about this.
3. Across Bali, **the activities are allowed only in emergency** rooms and maternity section of hospitals and the arrival section of airport. Any emergencies are taken into consideration and tolerated. The whole island is in silence.
4. **Villa’s facilities and services are available** with certain limitation.
5. When you enjoy your music or entertainment in the villa, **the sound must be kept in minimum**, in order not to distract the silence moments.
6. On the Nyepi day (March 19, 2026), The **Royal Pool Restaurant will be open from 07.00 am to 18.00**, with last order until 17.00pm. **We will prepare buffet service** on that day, **for Breakfast** (07.00am – 10.00am) and **Dinner** (16.00pm – 18.00pm). **Lunch** (12.00 – 14.00pm) will be served by Ala Carte and with charges. Side dish is available with limitation. Please prepare your order before the closing time.
7. In the evening, **the lights in the villa will be off** (in public area) & minimized (in the villa), **only bed lights is allowed**. **Please keep your villa curtain closed** after 6.00 pm on March 19, 2026, until next morning (March 20, 2026) at 06.00 am.

We really appreciate your understanding and cooperation during the Nyepi Day period, please do not hesitate to **contact our team** (dial “2” from your villa’s phone or texting our **e-butler apps**) for any assistances that might requires.

All staff & Management of Vivara Private Pool Villas & Spa Retreat wish you a very peaceful and memorable Nyepi Day (1948 Saka Calendar) with us.

God bless all of us!

Om Shanti, Shanti, Shanti...Om (Balinese closing for blessing of peace to others)

Best regards,
The Management



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For any inquiries, kindly scan the QR to connect with our e-Butler.

